

Smoking Cessation Resources Order Form for General Practitioners

Quit resources for doctors wanting to help patients stop smoking

Resources for smokers (available free of charge)

Quantity
(Max 10 each)

Quit Book

This booklet focuses on the health effects of smoking, the benefits of quitting, the various methods of quitting and how to stay a non-smoker.

4Ds card

A pocket size card outlining some tips to help smokers through the cravings.

Additional Resources

If you would like information about other resources available in your State or Territory please tick this box

Contact details

Name of Doctor:

Name of Practice:

Postal Address:

Postcode:

Phone:

Fax:

Email:

How to Order

Send this form to:

ACT: The Cancer Council:
Fax (02) 6257 5055

SA: Quit SA:
Fax (08) 8291 4194

NSW: Tobacco Resources Officer,
Better Health Centre:
Fax (02) 9879 0994

Tas: Quit Tasmania:
Fax (03) 6228 4149

NT: Quitline:
Fax (07) 3837 5914

Vic: Quit Victoria Health
Professionals Program:
Fax (03) 9635 5510

QLD: Quitline:
Fax (07) 3259 8217

WA: Dept of Health WA
Tobacco Control Branch:
Fax (08) 9382 0770